

# Australian German Welfare Society Inc.

Reg. No. A 0010852 B – ABN: 98 245 957 640



## Newsletter

**Nr. 568 / November 2019**

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South Melbourne, 3205 VIC  
**Monday – Thursday 9.00am – 1.00 pm**  
**Afternoon by appt. only**  
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## **Dear Members**

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Soon we will have to prepare for Christmas.  
I can't believe how fast the year has flown!

We, the AGWS committee, are preparing for our annual Christmas market in the Melbourne Townhall. The event will take place on the 28th of November between 9.30 am and 3pm. Come along and visit us. Say hello and enjoy the colourful stalls, handicraft and, of course, the German delicacies. The market will put you into a pre-Christmas mood and perhaps you'll find one or the other Christmas present that can go under the tree.

On the 16<sup>th</sup> of October AGSW held its annual general meeting at the Club Tivoli.

Many thanks to everyone who took the time to attend and to those who handed in their proxy nominations. After the AGM the committee elected the open positions anew. The following people stood for re-election and so we have:

- Birgit Goetz - president
- Dagmar Logan - vice president
- Rick Berchtenbreiter - treasurer
- Ingrid Preston - Company Secretary/Public Officer

Very soon we will have to prepare for Christmas. So now back to the pre-Christmas mood with something for those of you with a sweet tooth: Vanillekipferl. They are so delicious!

## Vanillekipferl-Rezept - die Zutaten für ca. 60 Stück:

Ingredients: 1 vanilla bean, 100 gr almond meal, 275 gr + a little bit of flour, 75 gr sugar, 2 egg yolks (medium size), 200 gr cold butter, salt, 50 gr caster sugar, 2 packets of vanilla sugar, cling wrap, baking paper.

### Recipe- Step by Step

1. Marrow of vanilla bean, 100 gr almond meal, 275 gr flour, 75 gr sugar, 2 egg yolk, 200 gr butter cubed, and 1 pinch of salt mix first with the dough hook of your kitchen processor then with hands to a consistent dough. Form a ball, wrap in cling wrap and put into the fridge for 1 hour.
2. Sprinkle flour on your work surface and fom 3-4 rounds of ca. 1.5 cm diameter. Cut into 4 - 5 cm pieces.
3. Shape pieces into crescents and lightly pinch th ends to produce the typical Vanillekipferl shape. Bake Kipferl in pre-heated oven at 175C for 10 - 12 minutes. They are ready when the tips are browned slightly.
4. Mix caster and vanilla sugar and immediately sprinkle over still hot Kipferl. Leave to completely cool on a rack.

In a cookie tin the Vanillekipferl will last about 3 Weeks.

Enjoy!

Yours, Birgit

### *The Perks of Being Over 50:*

*You no longer think of speed limits as a challenge*

*You have a party and neighbours don't even  
realise it.*

*Your joints are more accurate meteorologists than  
the national weather service.*

# Many thanks for your kind donation!

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Since August 2019 AGWS received

**\$ 2,805.00**

in donations!

Your generosity is very much appreciated.

Mr. & Mrs.	Ahrend	Dr.	Misselhorn
Mr.	Anwender	Mrs.	Mix
Mr. & Mrs.	Bauer	Mr. & Mrs.	Nagel
Mr. & Mrs.	Beiner	Mrs.	Neubauer
Mrs.	Blaurock	Mr. & Mrs.	Nikola
Mr.	Buettner	Mr. & Mrs.	Ottowa-Rene
Mrs.	Dorelat	Mr.	Paprotta
Mr. & Mrs.	Drobbe	Mr.	Puder
Mr.	Dzieron	Mr. & Mrs.	Pyteltek
Mrs.	Engel	Mrs.	Rabiger
Mr.	Eppinger	Mrs.	Rosowski
Mrs.	Fischer	Mr. & Mrs.	Schreiber
Mr. & Mrs.	Fritsch	Mr.	Schulz M.
Mrs.	Fritsch S.	Mr. & Mrs.	Schumann
Mrs.	Gifford	Mr. & Mrs.	Schwarz
Mr. & Mrs.	Godtner	Mrs.	Stanojevic
Mrs.	Goetz	Mr. & Mrs.	Swatek
Mr. & Mrs.	Hilterscheid	Mrs.	Tan
Mrs.	Jankowski	Mr. & Mrs.	Thalmeier
Mrs.	Janthamethi	Mr.	Theile
Mrs.	Kasapyan	Mr.	Tomanke
Mrs.	Kioussis	Dr. & Mrs.	Uhlenbruch
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Ms.	Leiteritz	Mr.	Werner D
Mrs.	Lichte	Mrs.	Wilhelm
Mr.	Luebker	Mr. & Mrs.	Witte
Mrs.	Maas	Mr.	Yaldo
Mrs.	Mansson	Mr. & Mrs.	Zimpel
Mrs.	Mattert		
Mrs.	Miglic		

# Calendar of Events

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## **German Film Afternoon, Coffee and Cake**

Thursday 7<sup>th</sup> of November and 5<sup>th</sup> of December

**1.30 - ~3.30 pm**

AGWS office

Cost \$ 5.00

Please let the office know if you are coming!

## **German Family Outing**

Saturday 9<sup>th</sup> November 3pm - 5pm

Camelot Traffic School

## **German Christmasmart AGWS**

Melbourne Lower Town Hall

Thursday 28<sup>th</sup> November 2019

9.30 am - 3pm

## **AGWS Christmas Celebration**

Thursday 12<sup>th</sup> December

Club Tivoli

2pm - 4pm

Please let the office know if you are coming!

# Rappelkiste

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The 'Rappelkiste' is the AGWS's German language playgroup for children aged 2 - 5.

The group takes place on Thursday mornings from 10 - 12 pm during school terms at Parkdale Church of Christ, Parkdale

Enquiries and bookings: Gine at [rappelkisteparkdale@yahoo.com.au](mailto:rappelkisteparkdale@yahoo.com.au)



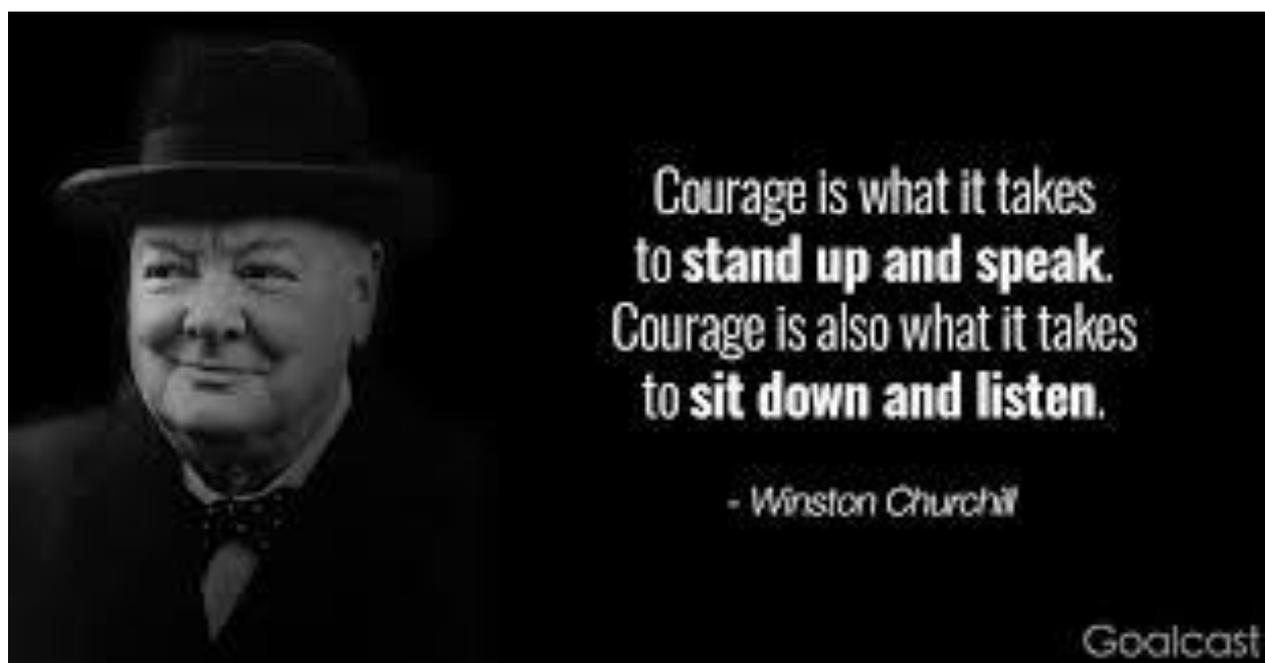
Rappelkiste Frankston will take place every Wednesday from 10 - 12am during school term.

Enquiries and bookings: Gine at [rappelkistefrankston@yahoo.com](mailto:rappelkistefrankston@yahoo.com)

Cost: \$ 10 for the first child; \$ 5 for every other child two years and older; children under 18 months of age are free.

The AGWS family membership for one year is \$60 (this includes insurance with Playgroup Australia).

A Project of the Australian-German Welfare Society: 'Deutsche Sprache und Traditionen spielend beibehalten'.



# Q

## QU-QU-Meeting-

Meet with likeminded people for a chat in German

On every 2nd and 4th Tuesday of the month a group of likeminded people meet at our office for an informal chat.

If you feel like conversing in German about books, films, memories, health, travels or whatever else you might think of and are interested in good company just come along! We look forward to meeting you!

Our meeting dates for November are:

*Tuesday 12<sup>th</sup> and 26<sup>th</sup> of November from 10 am to 1 pm*

## AGWS German Bookclubs

The AGWS book clubs meet every third Tuesday of the month. If you like to read and enjoy sharing your opinion with others, join us!

The “AGWS Buchclub” meets in the morning at 11am in the rooms of the AGWS in South Melbourne and the “Bookworms” at 7.30pm in the evening. The “**Buchwürmer**” at varying locations, sometimes in a café, sometimes at one of our member’s homes. Please contact Dagmar under 0438 353 910 if you would like to join.

Call the AGWS office under 9696 0907 for more info.

## News from the Martin Luther Homes



It was in 1969 when members of the German community gathered to put a spade into the ground at a little-known property in Boronia, which

today is one of Melbourne's outer eastern suburbs.

Half a century on and Martin Luther Homes is an award-winning aged care provider that offers a variety of age services and is home to almost 200 people.

To celebrate the big anniversary, staff and residents got together to plan a fest that was organised around a live entertainment show that was one of a kind. Residents from the retirement village, as well as the aged care centre, got together to perform sketches, songs, poems, and even "Schwabenstreiche", which requires a very German-specific sense of humour.

Earlier in the day, the new Myrtle Wing was officially opened by many dignitaries, including past and present board members. The two German Pastors Christoph Dielmann and Peter Demuth blessed our residents and staff. As a powerful symbol, a myrtle tree was planted in the new gardens that now connect the old and the new.



## 50th Anniversary Celebrations

An absolute draw-card early in the day was a panel talk on the History of Martin Luther Homes. There was a vivid exchange of names and memories between our four panel guests and the audience. And although it has been five decades, some still remember the day like it was yesterday.

The sun was out all day, the festival tent packed to the rafters, and the food stalls and cake bazaar busy for hours. Simply a perfect

setting for wonderful catch-ups and talks for people who have not seen each other in years.

However, in spite of all the good conversations, the sensational weather, and the yummy food, the absolute highlight was the live performance by our residents. After more than three months of rehearsing, the show has taken on a life of its own and there was something in it for everyone. On the big stage, poems were recited, songs sung, and sketches performed. And in the end, everyone had a great day, many laughs, and perhaps even made some new friends.

We would like to thank all our residents, volunteers, and everyone else who has helped us to make Martin Luther Homes' 50th Anniversary a success.

**Thank You - Dankeschön!**

## **TTHA News**

Spring is here and we are overjoyed with the beautiful sunny days we have been experiencing! Here at TTHA it's a time to get back out into the courtyards, green areas and gardens and enjoy what nature has to offer. Our residents in Tabulam have been preparing some beautiful seedlings recently in the Lifestyle gardening program, so we are looking forward to getting out into the sunshine to plant our beautiful garden for Spring. Lifestyle is currently looking for seeds and seedlings to add to their already wonderful collection, so if you have any to spare or have the Woolworths discovery garden seed pods and have no use for them, please drop them into reception, our resident would be most grateful.



During spring our café's alfresco dining area is the perfect place to meet with friends, enjoy a delicious cake and coffee and relish in the sunshine. Tempting Treats café is open to the public 7 days a week, 11am to 4pm. The café offers light meals, sandwiches, homemade German cakes and pastries, pretzels, freshly ground coffee and specialty teas. We encourage you to bring your friends, coffee group or family and see some of the delectable treats we have on offer.

Spring is a very busy time here at TTHA with lots of preparations for many exciting events. Preparations are underway for our annual Oktoberfest celebration. This is a favourite for all of our residents and independent living unit residents being a day of traditional festivities and fare. Our celebration will be held on October 11th in the main dining room and courtyard with some exciting entertainers, singing all of the traditional German songs. Our kitchen is busily preparing the menu for this day which will be paired with traditional German beer and wines. Residents and staff cannot wait to wear traditional German Dirndl or lederhosen and enjoy the festivities.

November will see our annual Christmas 'Weihnachtsmarkt' Market come to life again on Sunday the 24th November. Preparations are well underway, and we are enjoying the excitement. Kicking off at 10am, there will be some 70 boutique stalls conveniently located on site. Some of the highlights include a range of arts and crafts, hand crafted Christmas decorations; Exquisite candles; Handmade German style wooden decorations; Handmade soaps and lotions; Santa stockings; Specially designed pillows; Handcrafted Jewellery; Cards and craft items; & Jams, chutneys and syrups. Many of the showcased items are not available elsewhere and adding the bustling atmosphere will be an array of sweet and savoury German delights, including genuine German chocolates; Freshly baked Brezels and bread; Homemade cakes and tortes, Biergarten; professionally made coffee and much more.

There is ample parking available onsite, please enter via Victoria Road and have your gold coin donation ready. For the kids there will be a dedicated entertainment area with a face painting, balloon artist, petting zoo and a visit from Santa. This is a great Christmas event for the whole family to enjoy and make sure to enter the Christmas raffle, the major prizes are two Samsung TVs with over 20 amazing hampers on offer also so the odds are good. We are desperately looking for volunteers for market day, for set-up, pack up, working on stalls and baking cakes for our cake stall, if you would like to volunteer, the market is a very fun day to be a part of and we would love to have you! Please contact our Marketing Coordinator Anna McCandless to let her know how you can assist or what delicious cake you would like to bake for us.

Speaking of delicious, our new seasonal menu is now being enjoyed and residents and staff are excited! Tim, our Chef has been working hard with the kitchen team to create this deliciously tasty, varied and enticing menu for our residents to enjoy. Tim has taken into consideration all the feedback he has received, as well as results from a recent food survey conducted with our residents to ask them what they love and what their favourite dishes are. Dishes which are proving to be favourites on the new menu include the twice cooked pork belly in Chinese five spice, dumplings and the porterhouse steak with mustard and onion. As I'm a bit of a sweet tooth, my favourites are the ice cream sundae and the passionfruit cheesecake, yummy!

If you or a loved one are thinking about home assistance, or need extra support, our Accent Home Care team can give you all of the information and assistance you need. Our team is there to answer all of your questions and to guide you through the process, please call our office on 8720 1338 or [homecare@accenthomecare.org.au](mailto:homecare@accenthomecare.org.au).

As we enjoy some sun, we invite you to come in and talk to us about your own aged care needs and how we can assist you. If you would like to make an enquiry for any of our services, please contact us on (03) 8720 1333 or visit our website: [www.ttha.org.au](http://www.ttha.org.au), or Accent Home Care on (03) 8720 1338 [www.accenthomecare.org.au](http://www.accenthomecare.org.au)

**Eva Simo - CEO**

## Useful Information

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### **Resident Return Visa**

If you require **evidence of a valid visa** you have to download your current status via

<https://immi.homeaffairs.gov.au/visas/already-have-a-visa/check-visa-details-and-conditions/check-conditions-online>

### **Private Health Insurance**

**PrivateHealth.gov.au** is an Australian Government site that enables you to compare insurance policies. Follow the link

<https://www.privatehealth.gov.au/dynamic/search/start>

## **Aged and Home Care**

If care recipients don't complete their income and/or assets information, they are classed as 'means not disclosed' and will be asked to pay the maximum fee for their home care package or for residential aged care.

For further information please refer to:

<https://www.myagedcare.gov.au/income-and-assets-assessment-aged-care-homes>

<https://www.myagedcare.gov.au/income-assessment-home-care-packages>

## **Dental Care**

If you are a health care or pension concession card holder, you are eligible for emergency dental care through The Royal Dental Hospital in Melbourne (including non-concession card holders) and also through your local community dental clinic. The clinics provide access to general dental, denture and specialist dental care. To find a clinic near you, check out

<https://www.dhsv.org.au/clinic-locations/community-dental-clinics>

## **Reciprocal Health Care Agreements**

Agreements with 11 countries that covers the cost of medically necessary care when Australians visit certain countries and visitors from these countries visit Australia.

Residents of some countries may qualify for access to Medicare via Reciprocal Health Care Agreements (RHCA). The Australian Government has RHCA with the governments of the United Kingdom, Sweden, the Netherlands, Finland, Norway, Malta, Italy, Belgium, the Republic of Ireland and New Zealand.

<https://www.humanservices.gov.au/individuals/services/medicare/reciprocal-health-care-agreements/australians>

# Announcements / Advertisements

*Disclaimer: The responsibility for the content of announcements remains with the providers*

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## **Deutsche Schule Melbourne**

Christmas Market // Weihnachtsmarkt:

Date: Friday, 29<sup>th</sup> November 2019 – from 5 pm until 9 pm

Location: Deutsche Schule Melbourne, 96 Barkly Street, North Fitzroy, 3068

## **Robert Stolz Viennese Music Society Christmas Concert 2019**

Austrian Club – West Heidelberg

Sunday 24<sup>th</sup> Nov 2019 – 2 PM

Tickets \$ 22 & \$ 30 – Info: [www.rsvmsi.com](http://www.rsvmsi.com)

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Mornington Peninsula, 29 Tourello Rd, Mt Eliza 3930

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Please let us know under:

Tel. 9696 0907, Email: [contact@germanwelfare.org.au](mailto:contact@germanwelfare.org.au)

The trees thank you very much!

# Horoscope

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## Yearly horoscope for the star sign Scorpio

### Birthdays between 24<sup>th</sup> of October and the 23<sup>rd</sup> of November

You're wise enough to know that true happiness won't be found "out there." It's an inside job—and as your ruling planet Pluto digs even deeper into Capricorn this year, his long-awaited conjunctions with Jupiter and Saturn empower you to do the work.

The first, with Saturn on January 12, teaches you to take more responsibility for your thoughts and words, being mindful of their power to create or destroy. As this conjunction follows just two days after a lunar eclipse in Cancer, unconscious beliefs picked up from your family or culture may also be coming up for review. If these no longer ring true for you, Scorpio, remember: You're free to exchange them for others that do.

The other big Capricorn conjunction, between Jupiter and Pluto, repeats three times throughout the year. The second, on June 29, falls right in the middle of eclipse season (solar in Cancer June 20, lunar in Capricorn July 4) and Mercury retrograde in Cancer. It's time to harness the power of positive thinking—not by denying or repressing unpleasant emotions, but by consciously choosing to see them in a different light.

This may sound a little "woo-woo" to your skeptical side. But Scorpio, there's no reason why logic and reason can't coexist with a more mystical perspective. Throughout the year, a sextile between Jupiter in Capricorn and Neptune in Pisces (exact February 20, July 27, October 12) helps to unlock intuitive, creative solutions to problems your intellect alone has failed to crack.

One of these may be how to relate to family members, or anyone else you feel "stuck with" in life. You may never fully understand each other, but chances are, you've got a lot to teach each other about life and love—especially around Jupiter and Saturn's Great Conjunction in Aquarius on December 21.

**Astrololgy.com**

# Christkindlmarkt



*Thursday, 28th November 2019*  
*Melbourne Lower Town Hall*  
*Swanston Street*  
*9.30am – 3.00 pm*

*\* Christmas Decorations \* Christmas Presents \**  
*\* Over 20 stalls with various goods \* Bread \**  
*\* German Sausages and Salad \* Bretzels \**  
*\* German Sweets \* Music \* Coffee and Tea \**

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